



Canadian
Blood
Services

Société
canadienne
du sang

Q-pass

Print this page or send it to your mobile device. This Q-pass cannot be reproduced in clinic. If lost, damaged or forgotten the questionnaire will have to be completed again.

Clinic visit checklist:

- ☐ Bring this Q-pass
- ☐ Bring your donor ID card (if you have one) or other proof of identity
- ☐ Bring your medication list with you
- ☐ Read the applicable pre-donation [brochure](#)
- ☐ Drink at least 500 mL of water or juice and have something salty to eat.



There are many ways to get involved with Canadian Blood Services to help save lives.
Visit www.blood.ca to find out how.

Thank you

Please fold here.

If you are unable to keep your appointment please contact us as soon as possible
at www.blood.ca or call 1 888 2 DONATE (1-888-236-6283).

Last name: Nyhof

First name: Jennifer

*Please note: All personal information provided has been used
to generate this Q-pass and is not stored in any application.



Please do not fold
Folding over 2D barcode
could make it unreadable.

Valid until: 11:59 pm EST 18 March 2025

Thank you for making saving lives a part of your life

18 March 2025 07:51